

The euFAQT intervention was designed based on a participatory qualitative methodology and an in depth literature review analysis of counter smoking activities with a particular emphasis on school based and family oriented approaches.

Prior to designing the intervention a lengthy procedure took place in order to base the proposed activities on sound evidence-based knowledge and at the same time engage the target population in the planning process. What was implemented during the planning phase was health promotion theory in action; allowing participants to take an active role in the intervention activities designed for them.

Focus groups (FGs) were conducted by Prolepsis, Fundatia Romtens, JUMC and Innovamed among adolescents, parents and educators. Each partner conducted 4 FGs with adolescents aged 14 – 16 and 17 – 19 years old. Each age group was further subdivided into sub groups of boys and girls comprising both smokers and non-smokers. Partners also conducted one focus group with parents and one with educators/teachers.

For more information please access the following document:

[http://www.eufaqt.eu/eufaqt\\_focus\\_groups\\_report.pdf](http://www.eufaqt.eu/eufaqt_focus_groups_report.pdf)